



DRINKS MENU

HOT DRINKS

Double Espresso 24kcal	£2.40
Americano 12kcal	£2.75
Cappuccino 182kcal	£3.10
Latte 216kcal	£3.10
Iced Latte 216kcal	£3.10
Flat White 127kcal	£3.10
Hot Chocolate 267kcal	£3.10
Mocha 222kcal	£3.30
Tea	£2.40
Speciality Tea	£2.50

COLD DRINKS

Flavoured Milk 200ml	£1.20
Bottled Water 500ml	£1.45
Flavoured Water 500ml	£1.65
Fruit Shoot 275ml	£1.85
Fairtrade Juice 500ml	£2.40
Coke 500ml	£2.30
Coke zero / Diet Coke 500ml	£2.30
Fanta / Sprite 500ml	£2.30
Lucozade 500ml	£2.30
Slush 27kcal	£2.30

SMOOTHIES & JUICES

Classic Banana, strawberries & oat milk 210kcal	£4.40
Tropical Mango, banana & orange juice 279kcal	
Kale Kick Kale, spinach, mango & apple juice 150kcal	
Kids Smoothie	£3.20

MILKSHAKES £4.40

Strawberry 288kcal
Banana 205kcal
Chocolate 362kcal

All Kcal based on whole milk / Soya & oat milk available / Ask about our syrup options

For food & drink allergies and intolerances please speak to a member of staff

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BREAKFAST MENU

HOT BAGUETTE OR BLOOMER **£4.95**

Served with a hash brown & a salad garnish

Bacon 668kcal

Sausage 662kcal

Veggie Sausage VG 628kcal

Full English Sausage & Bacon Baguette 984kcal **£6.95**

Served with scrambled egg & a hash brown

AVOCADO & SCRAMBLED EGG V 420kcal **£4.75**

Served on brown toast

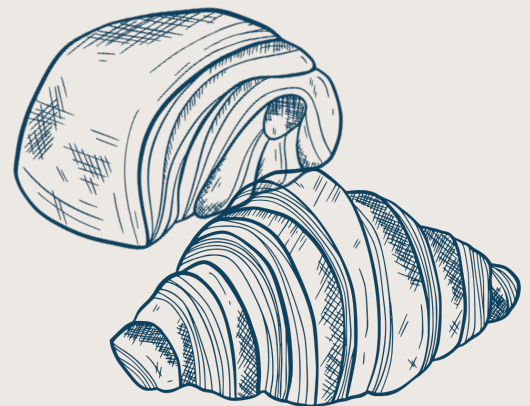
SIDES **£1.95**

Teacake 296kcal

Toast & Jam 236kcal

Pain au Chocolat 288kcal

Butter Croissant 288kcal



Breakfast served until 11:30am

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CHILDREN'S MENU

MAIN MEALS

£5.25

Served with a choice of mash or chips & peas or beans

Chicken Dippers 545kcal

Sausages 663kcal

Fish Goujons 304kcal

Tomato & Mascarpone Pasta V 347kcal

Served with a slice of garlic bread

PUZZLE BAG

£5.70

Served with crisps, biscuit, apple & carton drink

Ham 491kcal

Cheese V 491kcal

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LUNCH MENU

TOASTIES

Served on white or brown bloomer
with a salad garnish

Ham & Cheese 399kcal

Cheese & Tomato V 376kcal

£5.50

SANDWICHES

Served on white or brown bloomer
with a salad garnish

Jumbo Fish Finger with tartar sauce 464kcal

Chicken, Bacon, Lettuce & Tomato Club 505kcal

£5.70

PANINIS

Served with a salad garnish

Cheese & Tomato V 719kcal

Ham & Cheese 588kcal

Tuna Mayo & Cheese 654kcal

BBQ Chicken & Cheese 688kcal

Avocado & Vegan Cheese VG 588kcal

£5.70

FLATBREADS

Served with a salad garnish

Chicken & Mango Chutney 436kcal

Beetroot Falafel & Mango Chutney VG 422kcal

£5.50

HOT BAGUETTES

£7.20

Served with potato wedges & a salad garnish

Jerk Crispy Chicken 766kcal

Pulled Pork 720kcal

JACKET POTATOES

Served with a salad garnish

Cheese & Beans V 608kcal **£5.80**

Coleslaw V 485kcal **£5.80**

Tuna Mayo 475kcal **£6.50**

Pulled Pork 471kcal **£6.50**

SALADS

£6.40

Crispy Chicken 311kcal

Mixed leaf, cucumber, pepper, red
onion & cherry tomatoes in a lemon
vinaigrette dressing

Beetroot & Falafel Tabbouleh V 315kcal

Bulgur wheat, courgette, pepper,
cucumber & chickpeas in a lemon
vinaigrette dressing

SOUP OF THE DAY

£4.70

Served with a roll

Chips 640kcal **£2.80**

Sweet Potato Fries 450kcal **£3.20**

Please see the board for today's specials

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