



DRINKS MENU

HOT DRINKS

Double Espresso 24kcal	£2.25
Americano 12kcal	£2.85
Cappuccino 182kcal	£3.10
Latte 216kcal	£3.10
Iced Latte 216kcal	£3.10
Flat White 127kcal	£3.10
Hot Chocolate 267kcal	£3.10
Mocha 222kcal	£3.20
Tea	£2.30
Speciality Tea	£2.40

COLD DRINKS

Flavoured Milk 200ml	£1.05
Bottled Water 500ml	£1.30
Flavoured Water 500ml	£1.50
Fruit Shoot 275ml	£1.75
Fairtrade Juice Apple/ Orange 500ml	£2.30
Coke 500ml	£2.40
Coke Zero / Diet Coke 500ml	£2.20
Fanta / Sprite 500ml	£2.20
Lucozade 500ml	£2.20
Slush 27kcal	£2.20

MILKSHAKES

£4.25

Strawberry 288kcal
Banana 205kcal
Chocolate 362kcal

SMOOTHIES & JUICES

£4.25

Classic Banana, strawberries & oat milk 210kcal
Tropical Mango, banana & orange juice 279kcal
Kale Kick Kale, spinach, mango & apple juice 150kcal
Workout Junkie Strawberries, banana, oat milk & whey protein 279kcal **£4.65**
Kids Smoothie **£3.05**



BREAKFAST MENU

Breakfast served until 11:30am

HOT BAGUETTE OR BLOOMER

£5.20

kcal based on baguette

Served with a hash brown & a salad garnish

Bacon 668kcal

Sausage 662kcal

Veggie Sausage VG 628kcal

Full English Sausage & Bacon 984kcal

£7.30

Served with scrambled egg & a hash brown

AVOCADO & SCRAMBLED EGG ON TOAST V 420kcal £4.55

Served on brown toast

BEANS ON TOAST V 525cal

£3.50

Served on brown toast & topped with cheese

SIDES

£2.05

Teacake 296kcal

Toast & Jam 236kcal

Pain au Chocolat 288kcal

Butter Croissant 288kcal



LUNCH MENU

Please see the board for today's specials

TOASTIES / PANINIS

£5.40

kcal based on panini

Toasties served on white or brown bloomer,
paninis +20p. Both served with a salad garnish

Cheese & Tomato V 719kcal

Ham & Cheese 588kcal

Tuna Mayo & Cheese 654kcal

BBQ Chicken & Cheese 688kcal

Avocado & Vegan Cheese VG 588kcal

FLATBREADS

£5.40

Served with a salad garnish

Chicken & Mango Chutney 436kcal

Beetroot Falafel & Mango Chutney VG 422kcal

HOT BAGUETTES

£7.10

Served with potato wedges & a salad garnish

Jerk Crispy Chicken 766kcal

Pulled Pork 720kcal

SANDWICHES

£5.60

Served on white or brown bloomer
with a salad garnish

Jumbo Fish Finger with tartar sauce 464kcal

Chicken, Bacon, Lettuce & Tomato Club 505kcal

JACKET POTATOES

Served with a salad garnish

Cheese & Beans V 608kcal **£5.60**

Coleslaw V 485kcal **£5.60**

Tuna Mayo 475kcal **£6.30**

Pulled Pork 471kcal **£6.30**

SALADS

£6.30

Crispy Chicken 311kcal

Mixed leaf, cucumber, pepper, red
onion & cherry tomatoes in a lemon
vinaigrette dressing

Beetroot & Falafel Tabbouleh V 315kcal

Bulgur wheat, courgette, pepper,
cucumber & chickpeas in a lemon
vinaigrette dressing

SOUP OF THE DAY

£4.50

Served with a roll



Everybody Health & Leisure
Crewe Lifestyle Centre

CHILDREN'S MENU

PUZZLE BAG

£5.40

Served with crisps, biscuit, apple & carton drink

Ham 491kcal

Cheese V 491kcal

For food & drink allergies and intolerances please speak to a member of staff