



DRINKS MENU

HOT DRINKS

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| Double Espresso 24kcal | £2.25 |
| Americano 12kcal | £2.85 |
| Cappuccino 182kcal | £3.10 |
| Latte 216kcal | £3.10 |
| Iced Latte 216kcal | £3.10 |
| Flat White 127kcal | £3.10 |
| Hot Chocolate 267kcal | £3.10 |
| Mocha 222kcal | £3.20 |
| Tea | £2.30 |
| Speciality Tea | £2.40 |

COLD DRINKS

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|-------------------------------------|--------------|
| Bottle Water 500ml | £1.30 |
| Diet Pepsi / Pepsi Max 330ml | £2.20 |
| Pepsi 330ml | £2.40 |
| 7up 330ml | £2.20 |
| Fairtrade Juice 500ml | £2.30 |
| J20 275ml | £2.40 |

MILKSHAKES

£4.25

Strawberry 288kcal
Banana 205kcal
Chocolate 362kcal

SMOOTHIES & JUICES

£4.25

Classic Banana, strawberries & oat milk 210kcal
Tropical Mango, banana & orange juice 279kcal
Kale Kick Kale, spinach, mango & apple juice 150kcal
Workout Junkie Strawberries, banana, oat milk & whey protein 279kcal **£4.65**
Kids Smoothie **£3.05**



BREAKFAST MENU

Breakfast served until 11:30am

HOT BAGUETTE OR BLOOMER

£5.20

kcal based on baguette

Served with a hash brown & a salad garnish

Bacon 668kcal

Sausage 662kcal

Veggie Sausage VG 628kcal

Full English Sausage & Bacon 984kcal

£7.30

Served with scrambled egg & a hash brown

AVOCADO & SCRAMBLED EGG ON TOAST V 420kcal £4.55

Served on brown toast

BEANS ON TOAST V 525cal

£3.50

Served on brown toast & topped with cheese

SIDES

£2.05

Teacake 296kcal

Toast & Jam 236kcal

Pain au Chocolat 288kcal

Butter Croissant 288kcal



LUNCH MENU

Please see the board for today's specials

TOASTIES / PANINIS

£5.40

kcal based on panini

Toasties served on white or brown bloomer,
paninis +20p. Both served with a salad garnish

Cheese & Tomato V 719kcal

Ham & Cheese 588kcal

Tuna Mayo & Cheese 654kcal

BBQ Chicken & Cheese 688kcal

Avocado & Vegan Cheese VG 588kcal

FLATBREADS

£5.40

Served with a salad garnish

Chicken & Mango Chutney 436kcal

Beetroot Falafel & Mango Chutney VG 422kcal

HOT BAGUETTES

£7.10

Served with potato wedges & a salad garnish

Jerk Crispy Chicken 766kcal

Pulled Pork 720kcal

SANDWICHES

£5.60

Served on white or brown bloomer
with a salad garnish

Jumbo Fish Finger with tartar sauce 464kcal

Chicken, Bacon, Lettuce & Tomato Club 505kcal

JACKET POTATOES

Served with a salad garnish

Cheese & Beans V 608kcal

Coleslaw V 485kcal

Tuna Mayo 475kcal

Pulled Pork 471kcal

£5.60

£5.60

£6.30

£6.30

12" STONE BAKED PIZZA

Classic Margherita V 1192kcal **£ 9.45**

Vegan Cheese VG 1225kcal **£ 9.45**

Veggie V Pepper **£10.40**

& red onion 1226kcal

BBQ Chicken BBQ sauce 1360kcal **£10.80**

Spicy Pepperoni 1409kcal **£10.80**

SALADS

£6.30

Crispy Chicken 311kcal

Mixed leaf, cucumber, pepper, red
onion & cherry tomatoes in a lemon
vinaigrette dressing

Beetroot & Falafel Tabbouleh V 315kcal

Bulgur wheat, courgette, pepper,
cucumber & chickpeas in a lemon
vinaigrette dressing

SOUP OF THE DAY

£4.50

Served with a roll

Chips 495kcal **£2.50**

Sweet Potato Fries 445kcal **£2.90**

Cheesy Chips 695kcal **£3.35**



CHILDREN'S MENU

MAIN MEALS

£5.00

Served with a choice of mash or chips & peas or beans

Chicken Dippers 545kcal

Sausages 663kcal

Fish Goujons 304kcal

Veggie Nuggets 388kcal

Tomato & Mascarpone Pasta V 347kcal

Served with a slice of garlic bread

Margherita Flatbread Pizza V 436cal

Served with cherry tomatoes & cucumber sticks

PUZZLE BAG

£5.40

Served with crisps, biscuit, apple & carton drink

Ham 491kcal

Cheese V 491kcal